



Make Dreams Real

Key Notes

Rotary Club of Sarasota Keys
Area 9 District 6960 Club No. 4342

District Governor: Margie Cypher

Assistant District Governor: Gail Maynard

October 9, 2008

Rotarysarasotakeys.com



YOUR BANK ACCOUNT

Sarasota Keys Rotary

Making the difference in our community and world

- Dictionary Day
- Food Baskets
- Gift of Life
- Interact Club
- Juvenile Diabetes Walk
- Salvation Army Bell Ringing
- Vision Screening
- Youth Awards Banquet

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A 92-year-old, petite, well-poised and proud man, who is fully dressed each morning by eight o'clock, with his hair fashionably combed and shaved perfectly, even though he is legally blind, moved to a nursing home today. His wife of 70 years recently passed away, making the move necessary. After many hours of waiting patiently in the lobby of the nursing home, he smiled sweetly when told his room was ready.

As he maneuvered his walker to the elevator, I provided a visual description of his tiny room, including the eyelet sheets that had been hung on his window. 'I love it,' he stated with the enthusiasm of an eight-year-old having just been presented with a new puppy.

'Mr. Jones, you haven't seen the room; just wait.' 'That doesn't have anything to do with it,' he replied. 'Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged .. it's how I arrange my mind. I already decided to love it. 'It's a decision I make every morning when I wake up. I have a choice; I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do. Each day is a gift, and as long as my eyes open, I'll focus on the new day and all the happy memories I've stored away. Just for this time in my life.

Old age is like a bank account. You withdraw from what you've put in. So, my advice to you would be to deposit a lot of happiness in the bank account of memories!

Thank you for your part in filling my Memory bank. I am still depositing.'

2 Remember the six simple rules to be happy:

1. Free your heart from hatred.
2. Free your mind from worries.
3. Live simply.
4. Give more.
5. Expect less.
6. keep God in your heart.

Now!

Have a nice day, unless you already have other plans.

Service Above Self

Members Corner: Tony I.

I just got word. Nothing we can do about it. **BEV IS BACK FROM THE ISLE OF MAN.**

I attended the *Health Career Club* meeting. There was a nice turnout of young people who may want to go into the medical field. The subject Hospital infection prevention. Next Month there will be a live presentation of Ultra sound by Dr Hill. All are welcome to attend. They meet the first Monday of the month at the Sarasota hospital.

Last weeks 50/50 winner was sitting at the same table as *Marie*. The table she

sits at is a secret. *Jerry Lewis* is back and we will see him today. I heard from *Steve Panitch* who was at Interact today. This Saturday 25 Interact students will be participating in *Making Strides for Cancer Walk*. They are also selling Pink ribbons on the campus. On October 26th, they will participate in the *Out Of The Darkness Walk*.

The students are trying to form a hearing, dental and sight screening day for Cadets at SMA. This Interact club is one of the most active groups I have seen in the several years. It is

probably one of the best Interact clubs in all of Florida. I would be very happy if some of our members would attend a meeting. Its only once a week at 10:20 in the morning and only last about 30 minutes.

Lunch today -- *Blackened Tilapia with Jasmine rice, Vegetable Du Jour and red bean corn salsa.* Dessert, *vanilla ice cream with chocolate sauce*

Latin Phrase of the day *Da mihi castitatem et continentiam, sed noli modo* Make me chaste and pure, but not yet.

Tony I.



Welcome Back Sandy!!!

*Yes the rumors are true, Sandy is back!!
On last week she was officially inducted
as a member of the Sarasota Keys Rotary club!!!*

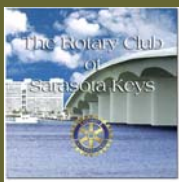
The Legacy Society

Leave a legacy of hope. Help secure the future of the Foundation's educational and humanitarian programs. Remember the Sarasota Keys Foundation in your estate plans. Those listed below are members of the Legacy Society who pledge to include the Sarasota Keys Foundation in their estate plans. *Join today. See Herb Jones*

Art Aughey
Lou and Carol Auricchio
Chuck Armitage*
Francis Bethlen
Burt Bershon*
Bob Clarke*
Bob Cook*
Ed Cox*
Martin Dahlborg*
Jewell Emswiller
Ken Fake*

Arnold & Shirley Fein*
Jack & Mary Geldi*
Joan Goldstein*
Dawn & Alan Griffes*
Laurie Hagberg*
Marvin Hendon*
Tony Iannacone*
Herb & Ruth Jones*
Dr. Halina Kay*
Sandy Kehoe
Bill Klingbeil*

Jerry Lewis
Vince & Dolly Little*
Tom MacCabe*
Lou Ann Palmer*
Steve Panitch
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Liliane Sealy-Schrock*
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Fred Taich*
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Dietmar Wittmann



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Paul Harris Fellows

The Rotary Foundation provides many opportunities for donors to express their commitment to Rotary's work. Donors who contribute a gift of \$1,000.00 or more to the Annual Permanent Fund become a Paul Harris Fellow. On behalf of Rotary International, Sarasota Keys Club recognizes the below listed individuals as Paul Harris Fellows. Thank you for your support of RI.

Edi Allshouse	John Geldi	Jennifer Panitch
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Inter-Club Fellowship Opportunities

Monday: Gateway -- Sahib Temple -- noon;
Tuesday: Sarasota Bay -- Van Wezel -noon; Gulf Gate - Sam Seltzers - noon
 Sunset - Café Baci -- 6:15 PM
Wednesday: Sarasota -- Marina Jack --noon
Friday: Sunrise Dutch Heritage -- 7:00 am
Anytime, anywhere - eclubs: www.Rotaryclub34.org
 Mail Make-up card to: Club Secretary, P.O. Box 365, Sarasota, FL 34230

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